# **Edgeworth Child Care Centre Inc.**

### **Hand Washing Policy**

#### Aim

Edgeworth Child Care Centre aims to promote a healthy environment in which children will grow and learn about the world around them. The application of preventative measures such as hand washing will be an effective way of preventing the spread of infection.

# Legislative Requirements

Education and Care Services National Law Act 2010 Education and Care Services National Regulations 2011 National Quality Standards 2011 Work Health and Safety Act 2011 Work Health and Safety Regulations 2011

# Who is affected by this policy?

Children

Staff

Educator

**Families** 

Visitors

Management

# **Implementation**

Edgeworth Child Care Centre will ensure safe, well maintained age appropriate basins are available for washing hands.

The Service will provide single use paper towels for the drying of hands.

Liquid Soap will be available for children, visitors and educators/staff at the service.

Hand washing is considered to be the most effective way of controlling infection in the service. Educators/staff/, children and visitors should wash their hands:

- On arrival at the centre.
- Before and after eating or handling food.
- Before preparing or cooking food.
- Before and after changing a nappy, or checking a nappy to see if it soiled.
- After going to the toilet.
- After cleaning up or contact with urine, faeces, vomit, blood or other bodily fluids.
- After giving first aid or cardiopulmonary resuscitation (CPR).
- After wiping nose or contact with nasal or salivary secretions.
- Before and after giving a child medication.
- After playing outside or in a sandpit or wading pool.
- After patting or touching animals or pets (including fish, birds, reptiles).
- Before leaving the centre.

All children, educators/staff and visitors to the service will wash their hands as follows:

- Wash hands using liquid soap and running water.
- Rub hands vigorously.
- Wash hands all over, making sure to include backs of hands, wrists, between fingers, and under finger nails. (This process should take as long as singing "Happy Birthday" twice).
- Rinse hands well.
- Turn tap off using a paper towel.
- Dry hands with single use paper towel.

Posters showing how to wash your hands will be displayed at all hand washing areas. Educators/staff are to read and follow the instructions at all times.

The Approved Provider/Nominated Supervisor will ensure that this policy is maintained and implemented at all times.

#### Sources

Guide to National Quality Standard 2011
Staying Healthy in Child Care - 5<sup>th</sup> Edition
WorkCover NSW <u>www.workcover.nsw.gov.au</u> Retrieved 25 10 17
NSW Food Authority <u>www.foodauthority.nsw.gov.au</u> Retrieved 25 10 17
Better Health Channel <u>www.betterhealth.vic.gov.au</u> Retrieved 25 10 17
Food Safety Standards <u>www.foodstandards.gov.au</u> Retrieved 25 10 17

#### **Review**

The policy will be reviewed annually. Review will be conducted by management, employees, parents and any interested parties.

Reviewed: 25 October 2017 Date for next review: October 2018